

Bariatric Surgery Pre-op Tour

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Hospital Sisters
HEALTH SYSTEM

Congratulations!!

The next portion of your journey has arrived

Your surgery date is fast approaching and it's time for a virtual tour

You should be very proud of yourself

We are here to help you through it



Why a virtual tour?

COVID-19 precautions are in place

Decreases anxiety prior to your surgery

Keeps you, your family, current patients and staff healthy before and after your surgery

Lets you know exactly what to expect before and during your hospital stay

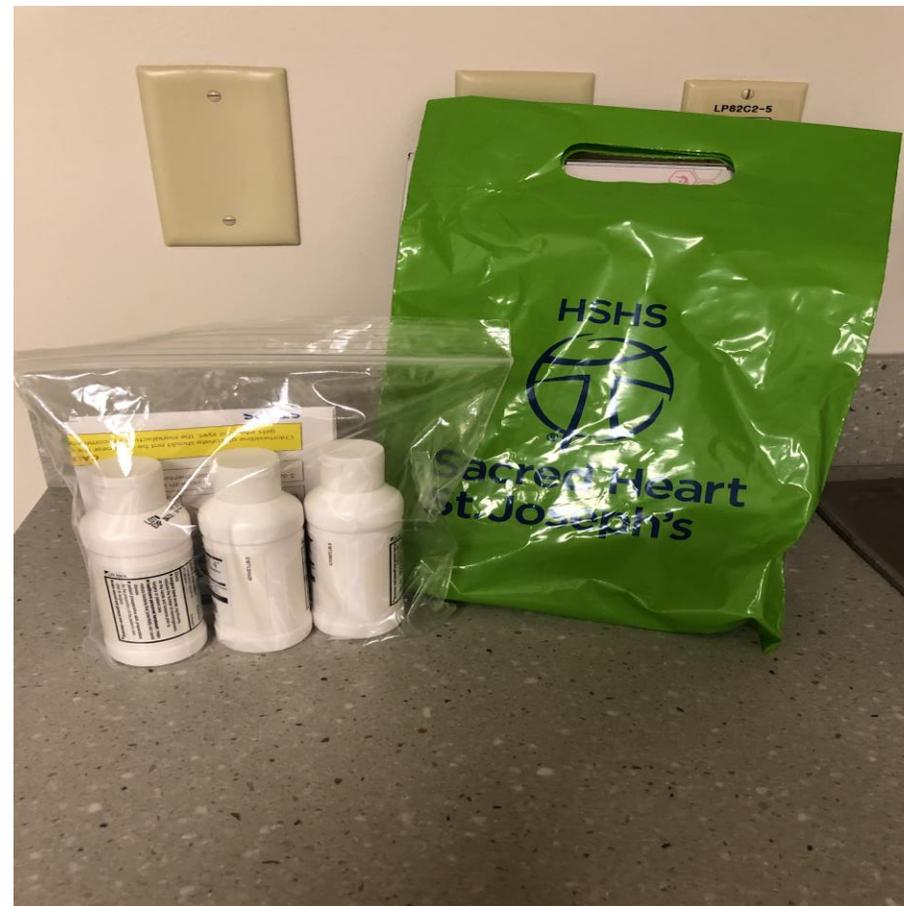
Three Days Before Your Surgery

(Dyna Hex Solution Application Process)

Daily bath/shower using Dyna-Hex solution

Apply Dyna-Hex from neck to feet but do not use on Peri-area (private parts)

Solution will be given to you on your last visit with Dr. Andrew prior to surgery



Pre-registration

You will receive a call from pre-registration a few days prior to your surgery

You will also receive a call from a pre-operative RN 1-2 days before surgery with final instructions



Morning of Surgery



Arrive two hours before surgery

You will enter through the Radiology Entrance on the East side of the building(E16)



Entering the Hospital

You will be asked standard COVID 19 questions and have your temperature taken upon arrival

You will then be directed into the Registration area just off to the left of the screening station

If you have a mask at home, please wear that in, your support person should as well; if not, we will give you one



Registration

You will go straight into registration

Transport will be called and you will be brought up to the Short Stay Center.



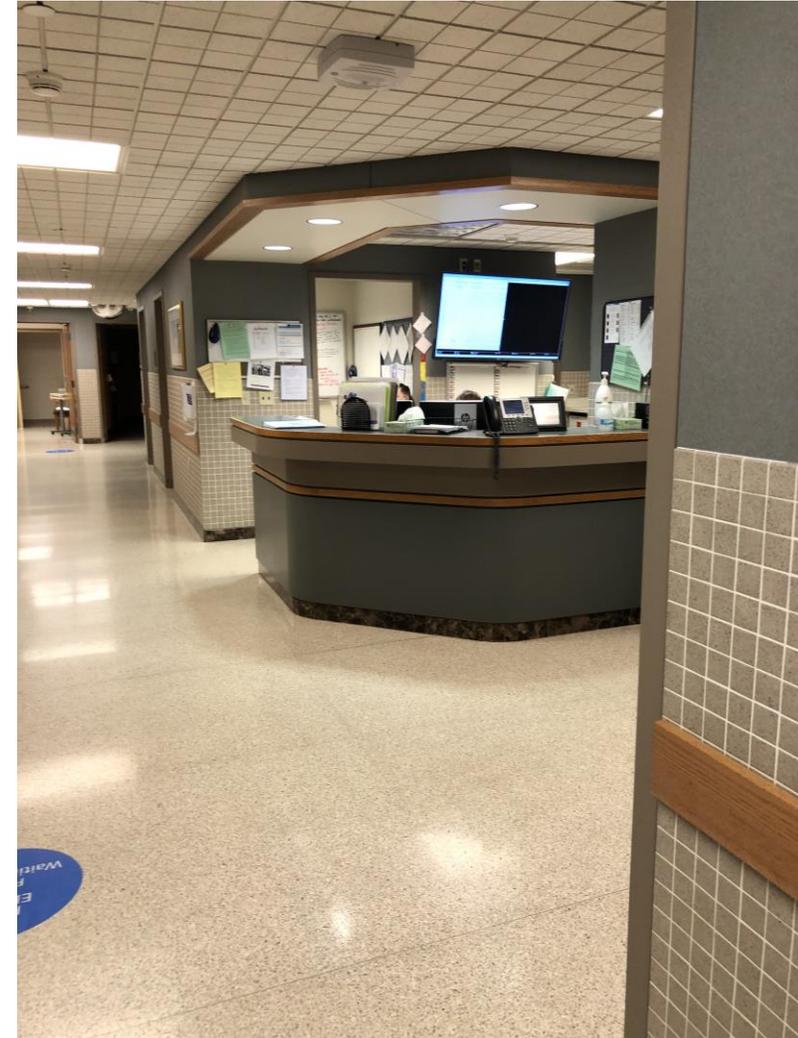
You will notice we are all wearing masks and eye protection when caring for our patients.



Welcome to our Short Stay Care Center

One of our Short Stay Care Center staff will meet you at the front desk and brought back to your assigned room.

Your support person may stay with you until you go to surgery



Short Stay Nursing Desk

Short Stay Prep for Surgery

Prep includes:

1. History intake
2. IV start
3. Skin cleansing
4. Bair Hugger system applied



Patient-centered care



The purple blanket is placed on you. The Bair Hugger sends forced warm air through the purple blanket to keep you at a normal core body **temperature** during surgery for better recovery.



Typical Short Stay Room

Surgery/Recovery



Surgery will take roughly 2-3 hours, but may be longer

You will then go to recovery and spend about one hour there

Your vital signs, pain level and nausea will be monitored.



Essential oils for pain and nausea are available if you would like to try them instead of, or in addition to, typical medication

Family/Support Person

Once you go to surgery, your support person will need to wait in the Family Waiting Room located outside the Short Stay area, if they are staying.



They will need to exit out the radiology door you first came into or they can go out the front door but will then need to walk around the hospital to get to their car



Welcome to your Inpatient Stay



You will be assessed on an hourly basis

Keep in mind you will be woken up several times during the first night and also go for a walk in the hall

Make sure you let one of our skilled staff know if you are having pain or nausea- you may also experience gas

Joy- one of our core measure

Inpatient Room

Expect a 2 day stay
You can have one visitor each day

Patient-Centered Care is core to our Mission



 Sacred Heart HOSPITAL MILWAUKEE, WISCONSIN

Our Goal is to Provide you with Exceptional Care

Please Call Me: _____ Today's Date: _____ Room Number: 712
My Care Team is: _____ Target Discharge Date: _____ Telephone Number: 715-717-2712

My Goals and Plan of Care for Today includes:	Discharge Plan:
	Education Needs: _____ Given: _____
PT:	Acceptable Pain Level:
	Last Pain Med(s) Given: _____ Next pain med(s) Available: _____
Ambulate with assist of:	It is important to me:
Someone rounded on me for safety/comfort at: 7 8 9 10 11 12 1 2 3 4 5 6	



Discharge Day

Discharge instructions will be given to you before leaving the unit. They can also be gone over with your support person before leaving or when you are brought outside to the car.

Prescriptions will be called into your pharmacy. Certain medications will need a paper copy for you to bring in.

Plan on **at least 2 hours** for discharge to be completed once your doctor tells you are ready to go home.

Support person should bring their car to the main hospital entrance.

One of our team members will bring you down to the main entrance and out to the car



Congratulations!

We look forward to seeing you!



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Questions?

Please call Evergreen Surgical with any questions,
715-832-1044

- You can also call the HSHS Short Stay Care Unit at 715-717-4146